

**Northwest Children's Learning Center  
Feeding Schedule  
Toddlers**

Child's Name \_\_\_\_\_ Age \_\_\_\_\_

Parent's Name \_\_\_\_\_

Parent's Address \_\_\_\_\_

Changes made from suggested plan

\_\_\_\_\_

\_\_\_\_\_

Cow's milk provided by center:

1% \_\_\_\_\_ Other \_\_\_\_\_

Vitamins and minerals only if prescribed by physician

\_\_\_\_\_

\_\_\_\_\_  
Physician's Signature

**Age 1-2 years**

<b><u>Time</u></b>	<b><u>Foods Offered</u></b>	<b><u>Amount</u></b>
AM Snack 6:30 am	Fruit or juice Dry Cereal or Enriched grain product	½ cup ¼ cup ½ slice
Breakfast 9:00 am	Citrus fruit Bread or equivalent Milk	½ cup ½ slice 4 oz.
Lunch 11:15 am	Protein (meat, poultry, Fish, eggs) Starchy vegetable or Cooked veg. or salad Bread/margarine Fruit/simple dessert	3 Tbsp. ¼ cup ½ slice ¼ cup
Pm Snack 2:00 pm	Grain product Milk	½ slice or ¼ cup 4 oz.